

# Abruption and Fetal Death

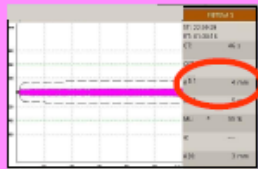
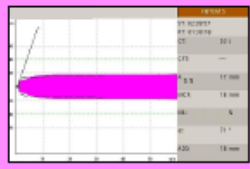
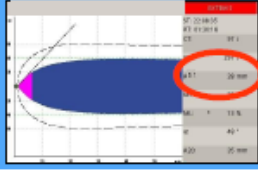
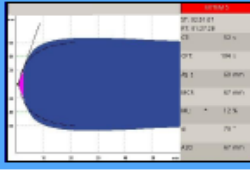

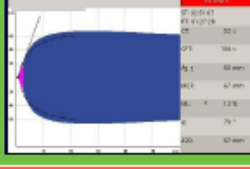
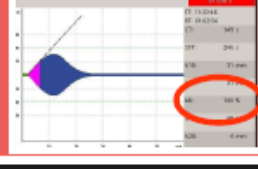
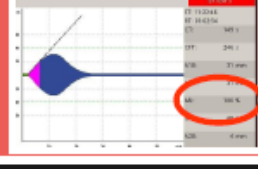
August 2018

# Disclaimer / Pre-amble

- These cases have been de-identified to protect the identity of the patient and the treating teams.
- These are all real cases and real ROTEMs. The individuals involved in these difficult cases have agreed to anonymously share these with us – thank you for your generosity.
- Successful management of the bleeding patient involves much more than just administration of blood products.
- The primary aim of these cases is to teach the use ROTEM guided blood product therapy. We have deliberately not included a lot of detail about some of the other aspects of management which might detract from this focus.

# KEMH ROTEM Algorithm for Critical Bleeding

**Key Points:** This algorithm should be used in conjunction with the KEMH Blood Product Guidelines for Major Obstetric Haemorrhage. Only treat abnormal values if active bleeding or at high risk of bleeding. Repeat ROTEM analysis 10 mins after intervention to assess response.

	ABNORMAL ROTEM	CRITERIA	DIAGNOSIS	INTERVENTION	CORRECTED ROTEM
<b>FIBRINOGEN</b>		FIBTEM A5 ≤ 10mm	Low fibrinogen	Cryoprecipitate OR Fibrinogen concentrate (see dosing guide) AND Tranexamic acid 1g	
<b>PLATELETS</b>		EXTEM A5 ≤ 35mm and FIBTEM A5 ≥ 10mm	Low platelets	Platelets: 1 adult dose (correlate with platelet count)	
		EXTEM A5 ≤ 25mm and FIBTEM A5 ≤ 10mm	Low platelets and Low fibrinogen	Platelets and fibrinogen (correlate with platelet count)	
<b>FACTORS</b>		EXTEM CT 80-140s and FIBTEM A5 ≤ 10mm	Low fibrinogen	Correct fibrinogen and reassess	
		EXTEM CT > 140s and FIBTEM A5 ≤ 10mm	Low fibrinogen and Low coagulation factors	FFP 1-2U + Fibrinogen as Indicated (Consider Prothrombinex-see below)	
<b>FIBRINOLYSIS</b>		Early Diagnosis EXTEM A5 ≤ 35mm or FIBTEM CT > 600s	High likelihood of excess fibrinolysis	Tranexamic acid 1g Consider repeat dose if has lost over 1 blood volume since initial dose	
		Late Diagnosis EXTEM or FIBTEM ML ≥ 5%	Excess fibrinolysis		

## Fibrinogen Dosing Guide

FIBTEM A5 Target: ≥ 12mm

FIBTEM A5	Increase required	Cryoprecipitate	Fibrinogen Concentrate
9-10mm	2-3 mm	1-2 doses	2g*
7-8mm	4-5 mm	1-2 doses	3g*
4-6mm	6-8 mm	2 doses	4g
<4mm	≥ 9mm	2 doses	5g

\*Outside of currently approved guidelines, must be discussed with haematologist

## Fibrinogen Concentrate

### Guidelines For Use

- Consultant anaesthetist or haematologist approval required.
- Patients must be experiencing life threatening haemorrhage.
- Fibrinogen concentrate may be indicated instead of, or in addition to, cryoprecipitate if the FIBTEM A5 is 6mm or below, OR there is a high suspicion of coagulopathy in a life threatening haemorrhage.
- Use at higher FIBTEM values may be appropriate in patients refusing cryoprecipitate.

### Administration

- Reconstitute 1g in 50ml warm sterile water (use prepared kit in fluid warmer).
- Swirl gently and do not shake (to avoid foaming).
- Administer each 1g via syringe driver over 2-4 mins if life-threatening haemorrhage or over 10 mins if not.

## Cryoprecipitate



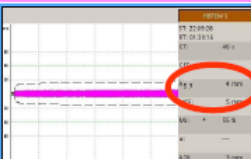
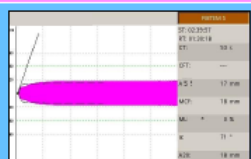
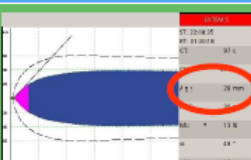
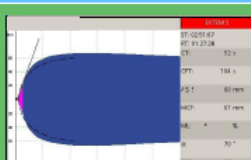

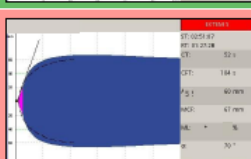
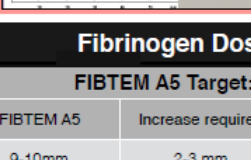
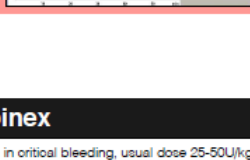
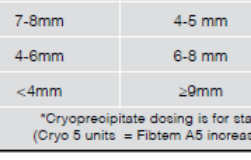
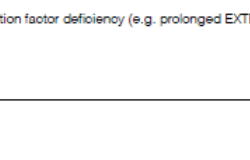
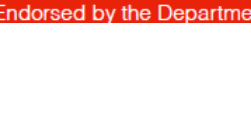
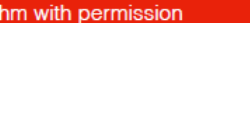
- 1 dose is equivalent to 10 whole blood units or 5 apheresis units.
- May be supplied as whole blood units or as apheresis units (or a combination) 1 apheresis unit = 2 whole blood units.
- Availability time: generally available within 10 minutes of request being made

## Prothrombinex

- Haematologist approval required
- Consider as an alternative to FFP for patients with coagulation factor deficiency (e.g. prolonged EXTEM CT see above) in the following circumstances:
  - Circulatory overload
  - Rapid correction in extreme coagulopathy

# SCGH ROTEM Algorithm for Critical Bleeding

**Key Points:** This algorithm should be used in conjunction with the SCGH Critical Bleeding Protocol. Only treat abnormal values if active bleeding or at high risk of bleeding. Repeat ROTEM analysis 10 mins after intervention to assess response.

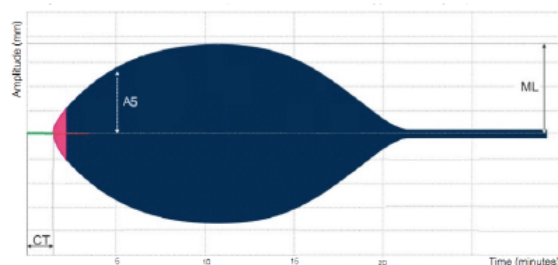
	ABNORMAL ROTEM	CRITERIA	DIAGNOSIS	INTERVENTION	CORRECTED ROTEM
FIBRINOLYSIS		Early Diagnosis <b>EXTEM A5 ≤ 35mm</b> or <b>FIBTEM CT &gt; 600s</b>	<b>High likelihood of excess fibrinolysis</b>	<b>Tranexamic acid 1g</b> Consider repeat dose if has lost over 1 blood volume since initial dose	
		Late Diagnosis <b>EXTEM or FIBTEM ML ≥ 5%</b>	<b>Excess fibrinolysis</b>		
FIBRINOGEN		<b>FIBTEM A5 ≤ 10mm</b>	<b>Low fibrinogen</b>	<b>Cryoprecipitate</b> (see dosing guide)	
PLATELETS		<b>EXTEM A5 ≤ 35mm</b> and <b>FIBTEM A5 &gt; 10mm</b>	<b>Low platelets</b>	<b>Platelets: 1 adult dose</b> (correlate with platelet count)	
		<b>EXTEM A5 ≤ 25mm</b> and <b>FIBTEM A5 ≤ 10mm</b>	<b>Low platelets and Low fibrinogen</b>	<b>Platelets and fibrinogen</b> (correlate with platelet count)	
FACTORS		<b>EXTEM CT 80-140s</b> and <b>FIBTEM A5 ≤ 10mm</b>	<b>Low fibrinogen</b>	Correct <b>fibrinogen</b> and reassess	
		<b>EXTEM CT &gt; 80s</b> but <b>FIBTEM A5 &gt; 10mm</b>	<b>Low coagulation factors</b>	<b>FFP 1-4U</b> or <b>Prothrombinex 10 U/kg</b> (+ fibrinogen if indicated)	
		<b>EXTEM CT &gt; 140s</b> and <b>FIBTEM A5 ≤ 10mm</b>	<b>Low fibrinogen and Low coagulation factors</b>		

## Fibrinogen Dosing Guide

FIBTEM A5 Target: ≥12mm

FIBTEM A5	Increase required	Cryoprecipitate*
9-10mm	2-3 mm	10 Units
7-8mm	4-5 mm	15 Units
4-6mm	6-8 mm	20 Units
<4mm	≥9mm	20-25 Units

\*Cryoprecipitate dosing is for standard adult units  
(Cryo 5 units = Fibrinogen A5 increase of approx 2mm)

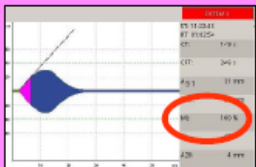
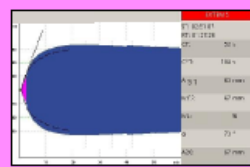
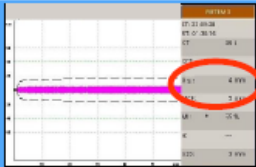
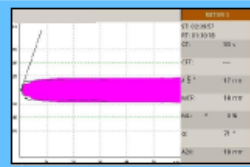
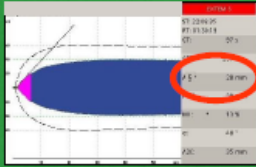
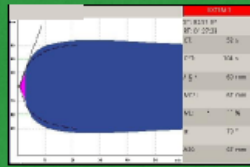
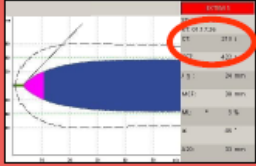
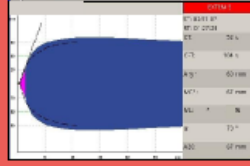


## Prothrombinex

1. Warfarin Reversal: Indicated for urgent reversal of warfarin in critical bleeding, usual dose 25-50U/kg (+/- FFP) discuss with haematologist.
2. Consider as an alternative to FFP for patients with coagulation factor deficiency (e.g. prolonged EXTEM CT see above) in the following circumstances:
  - Circulatory overload
  - Rapid correction in extreme coagulopathy
  - Consider lower dose 10U/kg (round to nearest 500U).

# FSH ROTEM Algorithm for Critical Bleeding

This algorithm should be used in conjunction with the FSH Major Haemorrhage Protocol  
Treat abnormal values only if there is active bleeding or the patients is at high risk of bleeding.  
Repeat ROTEM analysis 10 mins after any intervention to assess response.

	ABNORMAL ROTEM	CRITERIA	DIAGNOSIS	INTERVENTION	CORRECTED ROTEM
FIBRINOLYSIS		Trauma (within 3hrs) OR Post partum haemorrhage	Hyperfibrinolysis	Tranexamic acid 1g	
		Flat trace OR Maximal lysis >5%			
FIBRINOGEN		FIBTEM A5 $\leq 10$ mm	Hypofibrinogenaemia	Cryoprecipitate	
PLATELETS		EXTEM A5 $\leq 35$ mm with normal fibrinogen*	Thrombocytopenia	Platelets	
FACTORS		EXTEM CT 90-140sec with normal fibrinogen** OR EXTEM CT >140sec	Low coagulation factors	Fresh Frozen Plasma 2-4u OR Prothrombinex 25IU/kg	

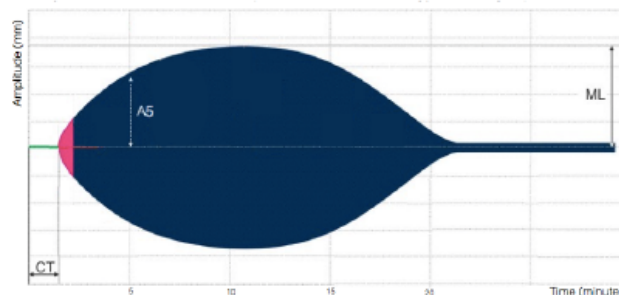
## Cryoprecipitate Dosing Guide

FIBTEM A5	Non-obstetric	Obstetric
7-10	1 dose	2 doses
<6	2 doses	3 doses

One dose = five apheresis units = Fibrinogen A5 increase of approximately 4mm

\*If EXTEM  $\leq 25$  and FIBTEM A5  $\leq 10$  consider replacing both factors

\*\*Fibrinogen replacement in the context of hypofibrinogenaemia may overcome a minor prolongation of clotting time

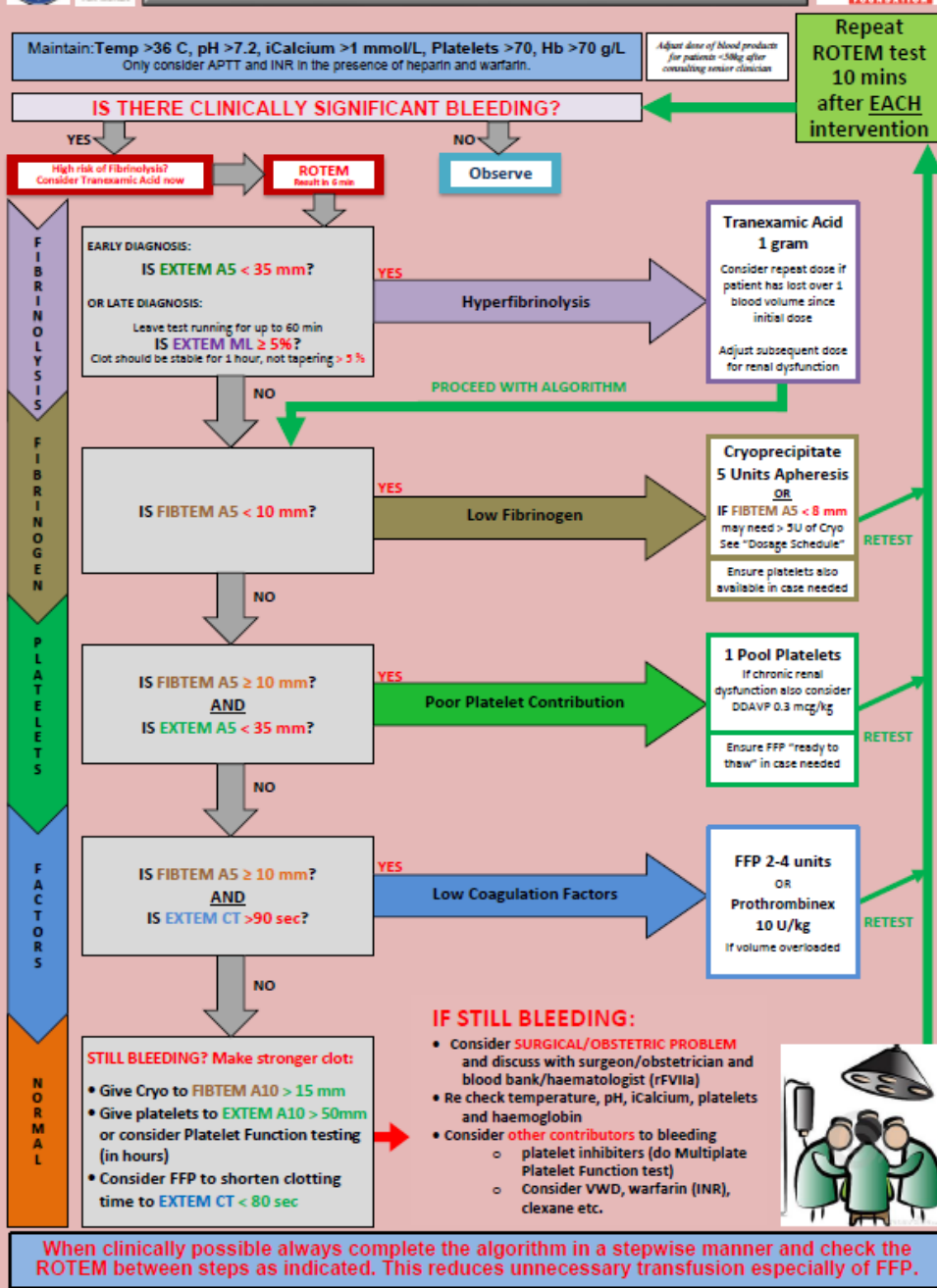


## Key components

EXTEM CT Clotting Time	Thrombin generation
EXTEM A5 Amplitude at 5 minutes	Fibrinogen and platelet concentration and function
FIBTEM A5 Amplitude at 5 minutes	Fibrinogen concentration and function
ML % Maximal lysis	Degree of fibrinolysis over temogram



# GENERAL SURGICAL / OBSTETRIC HAEMORRHAGE ROTEM TRANSFUSION ALGORITHM (2017)



Please stick this label in the patients progress notes

## ROTEM ANALYSIS AND TREATMENT PLAN

**\*\*Nurse or JMO to circle algorithm used then insert results from ROTEM  
Next circle range (action red range) and use algorithm to create a plan.\*\***

Date: / /

Time:

ALGORITHM USED (circle one):

CARDIAC/VASCULAR or GENERAL/OBSTETRIC

- For CARDIAC/VASCULAR start here and do all:  
 INTEM CT = ..... Below 205 / 205 & Above  
 HEPTTEM CT = ..... Below 205 / 205 & Above
- For GENERAL/OBSTETRIC start here (this section only):  
 EXTEM A5 = ..... Below 35 / 35-40 / Above 40  
 FIBTEM A5 = ..... Below 10 / 10-15 / Above 15  
 EXTEM CT = ..... Below 80 / 80-90 / Above 90  
 EXTEM ML = ..... Below 5 / 5 & Above

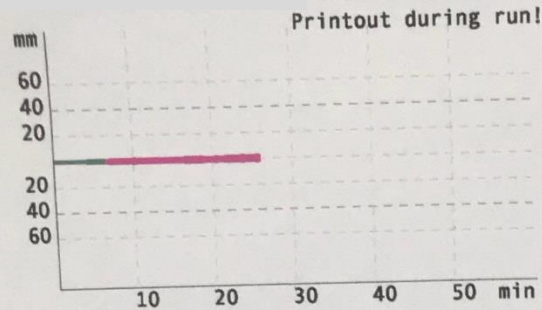
Management Plan: .....

Please stick this label in the patients progress notes

# History

- Patient has abruption and fetal death
- Postpartum haemorrhage of 1.5 litres
- Treated with uterotonics and given TXA 1g
- But still trickling.....
- She has some blood tests including a ROTEM



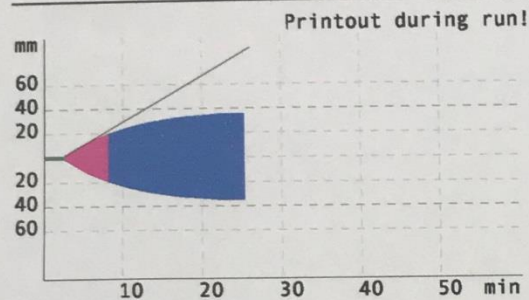


**1** FIBTEM [default]  
1:925127

RT: 00:26:37

CT	:	389	s	[	38	-	62]	▲
A5	:	3	mm	[	4	-	17]	▼
A10	:	3	mm	[	7	-	23]	▼
MCF	:	3	mm	[	9	-	25]	▼
ML	:	* 11	%					
CFT	:		s					
$\alpha$	:		°					

**FIBTEM**



**2** EXTEM [default]  
1:925127

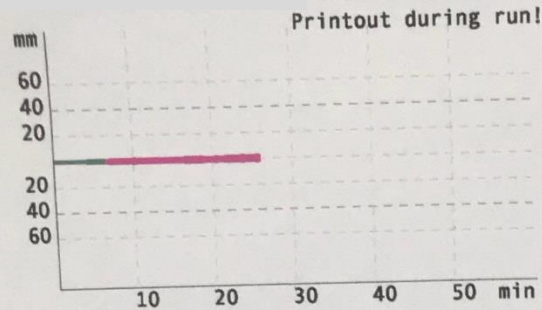
RT: 00:25:57

CT	:	158	s	[	38	-	79]	▲
A5	:	19	mm	[	34	-	55]	▼
A10	:	28	mm	[	43	-	65]	▼
MCF	:	* 36	mm	[	50	-	72]	
ML	:	* 0	%	[	0	-	15]	
CFT	:	336	s	[	34	-	159]	▲
$\alpha$	:	43	°	[	63	-	83]	▼

**EXTEM**

Now interpret this ROTEM

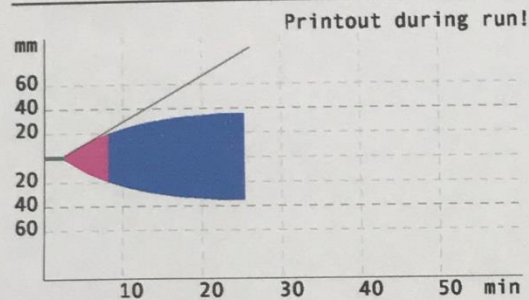




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A5	:	3	mm	[	4	-	17]	▼
A10	:	3	mm	[	7	-	23]	▼
MCF	:	3	mm	[	9	-	25]	▼
ML	:	* 11	%					
CFT	:		s					
$\alpha$	:		°					

## FIBTEM



**2** EXTEM [default]  
1:925127  
RT: 00:25:57

CT	:	158	s	[	38	-	79]	▲
A5	:	19	mm	[	34	-	55]	▼
A10	:	28	mm	[	43	-	65]	▼
MCF	:	* 36	mm	[	50	-	72]	
ML	:	* 0	%	[	0	-	15]	
CFT	:	336	s	[	34	-	159]	▲
$\alpha$	:	43	°	[	63	-	83]	▼

## EXTEM

### INTERPRETATION

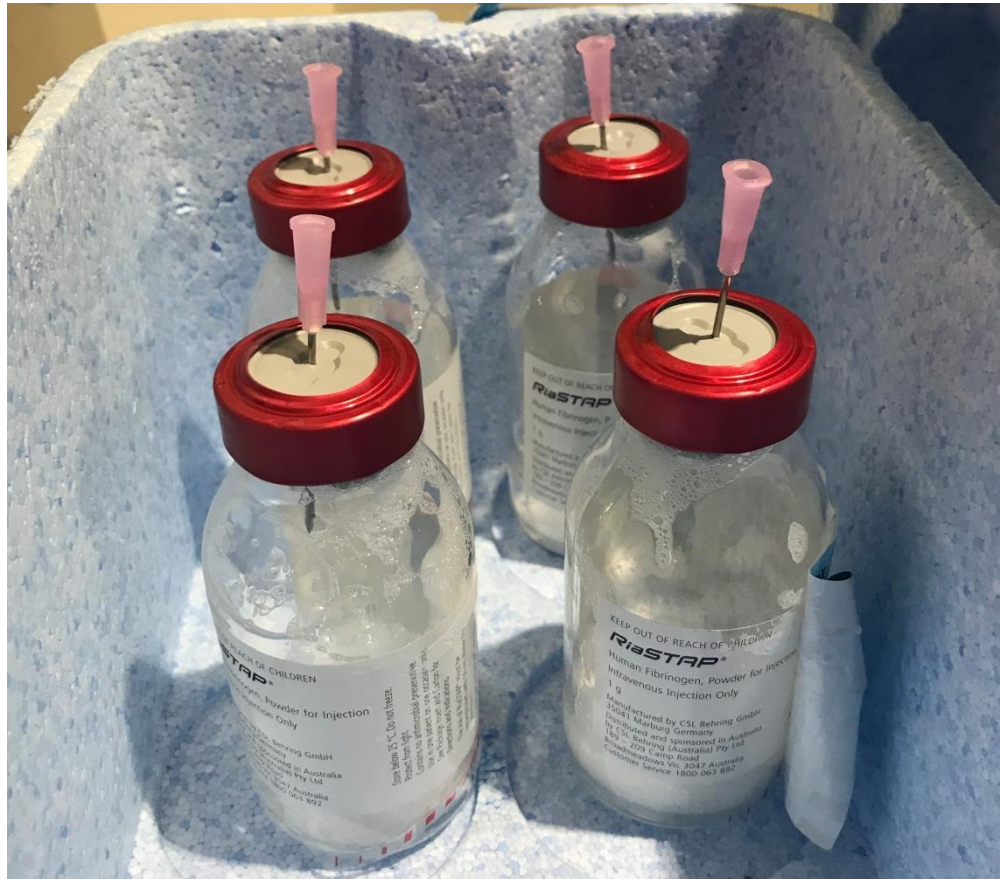
Fibtem A5 = 3mm: Severe fibrinogen deficiency – she needs a large dose of either fib conc or cryoprecipitate.

Extem CT = 158s: Prolonged – probably due to the fibrinogen deficiency alone

Extem A5 = 19mm: Very low – could be due to the fibrinogen deficiency alone but keep in mind platelet deficiency or dysfunction may also co-exist when this low (actually the plt count was >100)

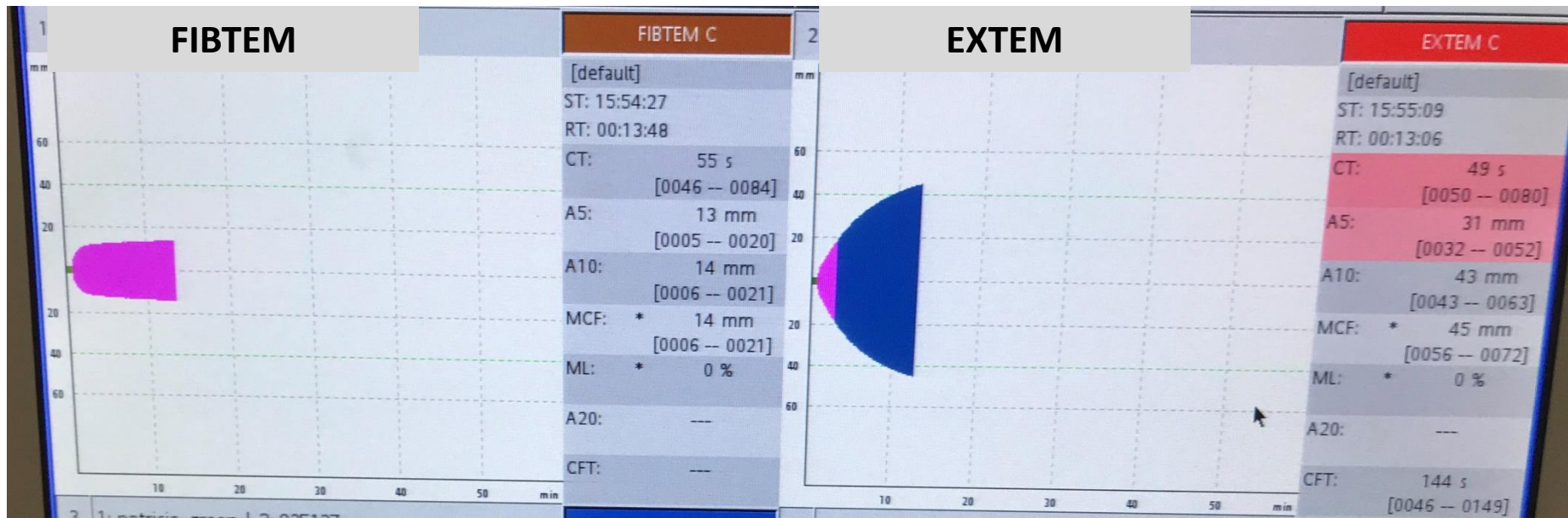
Extem ML = 0% but she has already had TXA

# She receives:

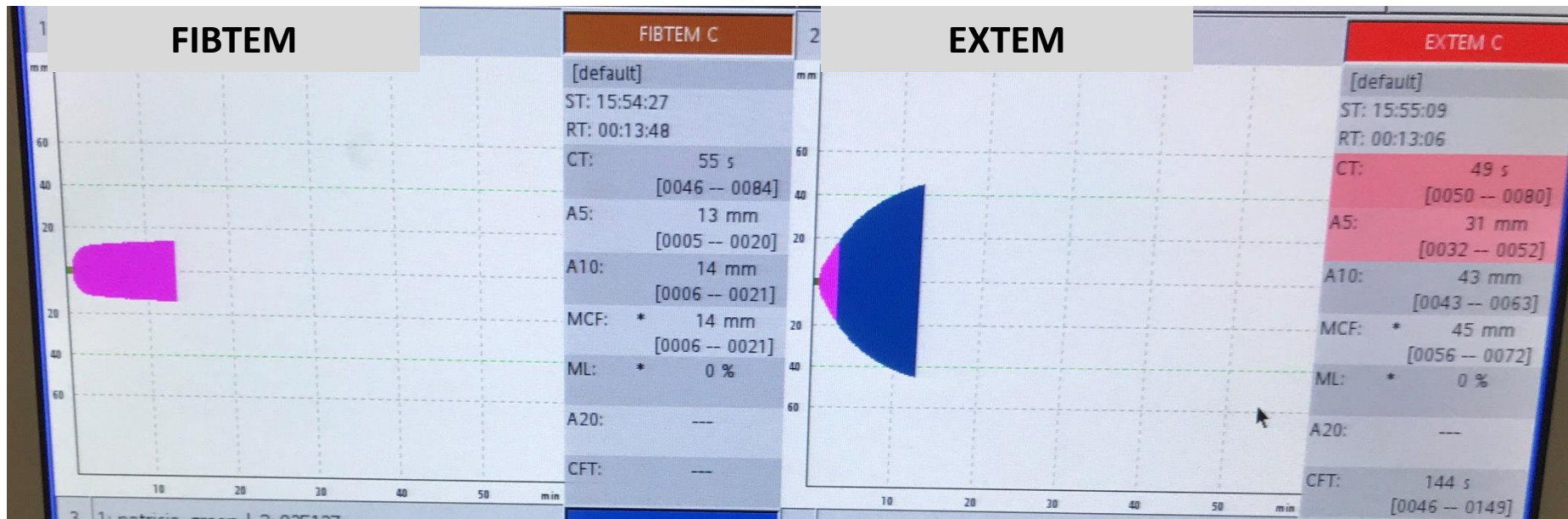


# History

- Her Hb drops to 55 - she receives 2 units of red cells.
- She has another ROTEM – (not available) and is then given 5units of apheresis cryoprecipitate.
- She has bilateral uterine artery embolisation
- A third final ROTEM is performed:



Now interpret this ROTEM



## INTERPRETATION

Fibtem A5 = 13mm: normal.

Extem CT = 49s normal

Extem A5 = 31mm: Below 35mm – consider platelets if patient is bleeding

Extem ML = 0% but she has already had TXA

She did not bleed and received no further treatments



# Summary of Treatments

- TXA 1g
- Fibrinogen Conc 4g
- Apheresis cryoprecipitate 5 units
- Red cells 2 units

## Takehome Points

- This patients ROTEM showed grossly abnormal haemostasis (prolonged CT, low A5 in Extem and Fibtem).
- However this almost completely normalised with TXA and fibrinogen therapy alone.
- No FFP or Prothrombinex or platelets were needed